



Workshop D
Friday, May 2, 2008

Location TBA
 Registration 7:30 am - 8:30 am
 Program: 8:30 am - 4:00 pm

6 Credits

**The Sandwich Generation:
 Caring for Our Children, Our Parents, and
 Ourselves**

Featured Speaker:
Miriam K. Aronson, Ed.D.

Program Description

The increasing longevity being experienced by today's older adults is accompanied by unanticipated needs for long-term chronic and personal care for many. Escalating needs for assistance are generally met by adult children who find themselves thrust into an intergenerational squeeze, caught between the needs of their aging relatives and their own children -- sandwiched -- often while struggling with their own aging-related issues. There are an estimated 45 million family caregivers in the United States, providing "informal care" worth an estimated \$250 billion.

Family caregiving is truly the backbone of care for frail and disabled elders and comes with a range of risks and negative impacts on the health and well-being of the caregivers themselves. For this reason, caregiving is truly a public health dilemma and an economic, social and political challenge for our times.

This seminar, designed for practitioners working with patients and their families with sandwich generation issues, will cover the demographic, social, political, economic, health and mental health aspects of caregiving, incorporating research findings, and translating research into practice. Practice issues will include assessment and mental health interventions, as well as dealing with the most common "tipping points" and recognizing and preventing abuse. The presentation will incorporate case histories and audiovisual materials.

Learning Objectives

Participants will:

- Know the prevalence, morbidity and mortality of family caregiving.
- Be familiar with salient research findings.
- Be familiar with key ethical issues in working with family caregivers.
- Be familiar with range of therapeutic interventions.

The Speaker

Miriam K. Aronson, Ed.D. is a social gerontologist specializing in geriatric care management, working with individuals, families, older adults, and their caregivers to plan and implement needed strategies and services. She has extensive experience in developing and managing elder care services and has been active in numerous city, county, state and national initiatives for older persons. She is a founder of the national Alzheimer's Association. She has lectured nationally, and internationally and has authored numerous articles in professional health care journals and several books.

She currently has co-authored a new book, *Aging Parents, Aging Children: How to Stay Sane and Survive* (2007) and has written a chapter on Depression and another on Family Caregiving in the *Handbook of Geriatric Care Management* (2007).

Registration Information

Registration Form: To view/print a flyer in PDF format* with full details about this program and a registration form, [click here](#).

Location: TBA

Course Hours:

- Registration begins at 7:30 a.m.
- The workshop **begins promptly at 8:30 a.m.** and **ends at 4:00 p.m.**

Fees:

- \$99 for RIPA Members
- \$129 for non-RIPA members/Professionals (Click here to [Join RIPA!](#))
- Fee includes refreshment breaks and parking. Lunch is on your own.
- A discount is provided for an individual who registers for multiple workshops at the same time: \$10 discount for registering for 2 workshops; \$20 discount for registering for 3 workshops.
- Late registration fee is \$20 per workshop (postmarked 7 days prior to workshop).
- A handling fee of \$30 per workshop is deducted for cancellation 7 days prior to the workshop. No refund will be made thereafter.
- Make checks payable to RIPA CPE Committee. Complete the registration form and send with payment to:

RIPA CPE Committee
1643 Warwick Ave., PMB 103
Warwick, RI 02889

Special Requests:

- Please submit any special needs requirements to the RIPA office 7 days prior to the workshop.
- Grievances about the workshop should be addressed to the RIPA CPE Committee in writing.

Continuing Education Credit:

Participants arriving late or departing early will not receive credit or documentation of attendance. **No partial credit provided.**

For Psychologists: The Continuing Professional Education Committee is approved by the American Psychological Association to offer continuing education for psychologists. The Continuing Professional Education Committee is also approved by the Rhode Island Psychological Association (RIPA) to offer Category I continuing education credits for psychologists. The Continuing Professional Education Committee maintains responsibility for these programs and their contents.

For Social Workers/Mental Health Counselors: Applications for continuing education credits have been mailed to specific regulatory boards.

For other disciplines, and for more information: Please call the RIPA office at (401)736-2900.

* You must have Adobe Acrobat Reader installed on your computer to download PDF files; if you don't already have Acrobat Reader, you can get it FREE from the Adobe website at www.adobe.com, or you can access the CE registration form as a printer-friendly web page by [clicking here](#).

[back to top](#) | [return to main Workshops page](#)