



## RHODE ISLAND PSYCHOLOGICAL ASSOCIATION

## WORKSHOPS

## CE PROGRAMS

**Workshop A**  
**Friday, January 27, 2006**

8:30 am - 4:00 pm

6 Credits

**"The Use of Expressive Therapies in  
Your Mental Health Practice"***Featured Speaker:*  
Julia Byers, Ed.D.

**The Workshop:** Expressive therapies are increasingly being used in a variety of mental health settings across the life span. These therapeutic approaches can decrease trauma reactions, improve treatment outcomes and be adapted to address such diverse subjects as women in the workplace and adolescents in crisis. Assessments can also be enhanced with the addition of expressive therapy techniques. Many expressive therapy techniques can be adapted for use in traditional psychotherapy settings. This program is for all mental health professionals.

**Learning Objectives** -- Participants will learn:

1. What approaches are included under the umbrella of expressive therapies.
2. The current research in the use of expressive therapies.
3. Specific expressive therapy techniques which can be used in traditional psychotherapy settings.
4. To identify evidence-based therapies for treating individuals coping with psychological trauma.
5. Resources for additional information and training in expressive therapies.

**Julia Byers, Ed.D.** is the Chief of Neurology at Miriam Hospital and a Clinical Associate Professor of Neurology at Brown University. He serves as a Consulting Neurologist at Butler and Rhode Island Hospital. He earned his medical degree from the University of the Witwatersrand, Johannesburg, South Africa. Dr. Gordon is also the

president of Brain Resource Company and has served as the Medical Director for CNS Research. He has co-authored 14 publications in peer-reviewed journals, supervised 10 grants totaling over 1 million dollars and has been invited to present Recent Advances in Headache Management at the Brown University/Lifespan CME Conference as well as presenting Head trauma, Migraines and Headache at the Mental Health Conference Association National CME Conference.

**Location:** Radisson Airport Hotel, Warwick, RI (click [here](#) for directions)

**Cost:** \$99.00 for RIPA Members, \$110.00 for non-members (Click [here](#) to Join RIPA)

**Parking and Lunch:** The fee includes refreshment breaks. Lunch is on your own. Free parking is available in the Radisson Airport Hotel parking lot.

**Special Discount:** A discount is provided for an individual who registers for multiple workshops at the same time. A \$10 discount is provided for registry for (2) workshops and a \$20 discount is provided for registry for (3) or more workshops.

**Registration Form:** To view/print a flyer in PDF format\* with full details about this program and a registration form, [click here](#). For registration form only in PDF format\*, [click here](#).

For more details about **attendance** and **CE credits**, [click here](#).

\* You must have Adobe Acrobat Reader installed on your computer to download PDF files; if you don't already have Acrobat Reader, you can get it FREE from the Adobe website at [www.adobe.com](http://www.adobe.com), or you can access the CE registration form as a printer-friendly web page by [clicking here](#).

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