

Home CE Programs About RIPA Public Services Members Contact RIPA Search Our Site



R H O D E I S L A N D P S Y C H O L O G I C A L A S S O C I A T I O N

WORKSHOPS

CE PROGRAMS

Workshop D  
**Friday, April 4, 2008**

Crowne Plaza Hotel, Warwick, RI  
Registration 7:30 am - 8:30 am  
Program: 8:30 am - 4:00 pm

**6 Credits**

**Chronic Fatigue and Fibromyalgia :  
A Mind/Body Approach**

*Featured Speaker:*  
**Fred Friedberg , Ph.D.**

**Program Description**

Chronic fatigue syndrome (CFS) and fibromyalgia (FM) are controversial and poorly understood illnesses without clearly defined causes or well-established treatments. In this introductory work-shop, participants will learn about the latest research on causation, medical and alternative treatments, practical methods of psycho-logical and behavioral assessment, and effective, individualized treatment strategies.

Using a mind/body approach focused on cognitive, behavioral, and experiential techniques, clinicians can offer realistic hope for substantial improvement to these underserved patients.

**Learning Objectives**

Participants will:

- Discuss theories of causation for CFS and FM.
- Differentially diagnose CFS/FM and clinical depression in the clinical setting.
- Identify lifestyle and stress factors related to these illnesses.
- Formulate a cognitive-behavioral improvement approach to the treatment of CFS and FM.

**The Speaker**

**Fred Friedberg , Ph.D.** a licensed clinical psychologist in Warren, CT, is also an assistant professor in the Applied Behavioral Medicine Research Institute at Stony Brook University in Stony Brook, NY. He is the principal investigator of a long-term behavioral study of chronic fatigue syndrome funded by the National Institutes of Health (NIH). Moreover, Dr. Friedberg has authored or coauthored six books and a number of scientific articles on chronic fatigue, fibromyalgia, and chemical sensitivity.

He is a member of the Board of Directors of the International Association for Chronic Fatigue Syndrome. Dr. Friedberg has conducted professional workshops on chronic fatigue syndrome and fibromyalgia for the American Psychological Association, the Society of Behavioral Medicine, and the New England Educational Institute.

**Registration Information**

**Registration Form:** To view/print a flyer in PDF format\* with full details about this program and a registration form, [click here](#).

**Location:** For directions to the Crowne Plaza Hotel, call (401) 732-6000.

**Course Hours:**

- Registration begins at 7:30 a.m.
- The workshop **begins promptly at 8:30 a.m.** and **ends at 4:00 p.m.**

**Fees:**

- \$99 for RIPA Members
- \$129 for non-RIPA members/Professionals (Click here to [Join RIPA!](#))
- Fee includes refreshment breaks and parking. Lunch is on your own.
- A discount is provided for an individual who registers for multiple workshops at the same time: \$10 discount for registering for 2 workshops; \$20 discount for registering for 3 workshops.
- Late registration fee is \$20 per workshop (postmarked 7 days prior to workshop).
- A handling fee of \$30 per workshop is deducted for cancellation 7 days prior to the workshop. No refund will be made thereafter.
- Make checks payable to RIPA CPE Committee. Complete the registration form and send with payment to:

RIPA CPE Committee  
1643 Warwick Ave., PMB 103  
Warwick, RI 02889

**Special Requests:**

- Please submit any special needs requirements to the RIPA office 7 days prior to the workshop.
- Grievances about the workshop should be addressed to the RIPA CPE Committee in writing.

**Continuing Education Credit:**

Participants arriving late or departing early will not receive credit or documentation of attendance. **No partial credit provided.**

**For Psychologists:** The Continuing Professional Education Committee is approved by the American Psychological Association to offer continuing education for psychologists. The Continuing Professional Education Committee is also approved by the Rhode Island Psychological Association (RIPA) to offer Category I continuing education credits for psychologists. The Continuing Professional Education Committee maintains responsibility for these programs and their contents.

**For Social Workers/Mental Health Counselors:** Applications for continuing education credits have been mailed to specific regulatory boards.

**For other disciplines, and for more information:** Please call the RIPA office at (401)736-2900.

\* You must have Adobe Acrobat Reader installed on your computer to download PDF files; if you don't already have Acrobat Reader, you can get it FREE from the Adobe website at [www.adobe.com](http://www.adobe.com), or you can access the CE registration form as a printer-friendly web page by [clicking here](#).

[back to top](#) | [return to main Workshops page](#)